

Kiwanis Park Wave Pool

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit. Children under age eight must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

WAVE POOL HOURS: MARCH 6-MAY 31

Wave Pool Hours: 1-5pm
3/6-4/24 Saturdays
3/15-3/20 Spring Break-everyday
5/1-5/30 Saturdays and Sundays
5/31 Memorial Day

WAVE POOL FEES:

Adults (13yrs+) \$6
Children (2-12yrs) \$3

*DISCOUNT PRICE WAVE HOURS:

3-5pm (during wave days only)
Adults (13yrs+) \$4
Children (2-12yrs) \$2
*No other discounts may be used with this discount

Lap Swimming Hours

Effective 3/1-5/24
Monday-Thursday 7-10am*
Friday 7-8:30am*
Monday-Thursday 11:30am-1:30pm**
Monday-Thursday 4:30pm-8pm*
Saturday 8-11am*
*Except during private rentals.
**No mid-day lap swimming from 3/15-3/18 and beginning May 10, no mid-lap until August.
No lap swim on 3/31

Lap Swim Admission Fees

Adults (18yrs+) \$2.25
Children (3-17yrs) \$1.25

Discount Lap Swim Passes

	Adult	Youth
Pass-20 visits	\$34	\$18
Quarterly Pass	\$57	\$28

Private/Semi-Private/Small Group Lessons:

Private, semi-private, and small group lessons are available through the Kiwanis Recreation Center. Call 480 350-5201 for additional information.

Rates Per Class Meeting:

	½ hr	¾ hr	1 hr
Private (1 individual):	\$17	\$22	\$27
Semi-Private (2 individuals):	\$22	\$27	\$32



Swimming Lesson
General Information

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is based on the American Red Cross learn-to-swim program. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one (1) learn-to-swim class using any of the registration procedures below. A student may also register for special classes in addition to a swimming class.

Students may register for additional learn-to-swim classes after they have completed a class. At the end of the seventh lesson each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation three days prior to the start date if minimum registration is not met.

Swim Lesson Program
Dates, Class Descriptions
and Schedules

PARENT-ASSISTED LESSONS 30-MINUTE CLASSES

Star Babies (8-12mos): Designed to be an infant's first introduction to water adjustment with emphasis on parent participation/education as well as safety skills and fun. One child per adult.

Star-Infant (12-24mos): Designed with an emphasis on parent participation, safety skills, comfort, and fun. One child per adult.

Star-Tot (24-36mos): For the older tots to continue water adjustment, swim readiness skills and safety skills. One child per adult.

Star-Shrimps (2-4yrs): For pre-school children who are not ready for an independent swim program or the child who has mastered the Parent-Tot class and is ready for more swim readiness skills. One child per adult.

PRE-SCHOOL AGE LESSONS
(SUGGESTED AGE 3-5YRS) 30-MINUTE CLASSES

Sea Horse Swim School

Sea Horse White: For children ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath-holding and floating.

Sea Horse Red: Pre-requisite skills: blow bubbles, fully submerge unassisted, front and back float with support.

Sea Horse Yellow: Pre-requisite skills: Jump into 4ft of water, float for 5 seconds back and front.

Sea Horse Blue: Pre-requisite skills: Jump in and swim 10ft. and return, back glide 10 ft.

Sea Horse Green: Pre-requisite skills: Tread water 15 seconds, swim 20ft with side breathing, backstroke with kick 20 ft.

Sea Horse Stroke School

Pre-requisite: Jump in, swim 25yds. freestyle and return with rhythmic breathing and 25yds. backstroke.

SCHOOL AGE LESSONS
(SUGGESTED AGE 6YRS+) 30 MINUTE CLASSES

Starfish Swim School

White/Red: Pre-requisite skills: For the child with little or no formal instruction in aquatic skills. Class emphasis is on water adjustment skills, bubbles and breath control, submerging and front & back float with flutter kicking.

Yellow: Pre-requisite skills: Jump into 4ft of water; float for 5 seconds back and front.

Blue: Pre-requisite skills: Jump in and swim 10ft. and return, back glide 10ft.

Green: Prerequisite skills: Tread water 15 seconds, swim 20ft with side breathing; backstroke with kick 20 ft.

Starfish Stroke School

White/Red: Pre-requisite skills: Jump in, swim 25yds. freestyle and return with rhythmic breathing and 25yds. backstroke.

Yellow: Pre-requisite skills: Freestyle and backstroke 50yds; butterfly kick 10yds.

Blue: Pre-requisite skills: Freestyle and backstroke 75yds; butterfly 10yds; breaststroke kick 10yds.

Green: Pre-requisite skills: Swim 100yds. freestyle and back stroke, 25yds. butterfly and 25yds. breaststroke.

SPECIALTY LESSONS-AQUATICS 45 MINUTE CLASSES

Adult Beginner: (Pre-requisite: 15yrs+). Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float and safety skills.

Adult Intermediate: (Pre-requisite: 15yrs+). Class is designed for adults who have mastered the beginner skills and can swim 25yds. using a front crawl.

Adult Stroke Improvement: (Prerequisite: 15yrs+). Class is designed to improve upon and refine current skills rather than teach strokes.

Water Fitness (Aerobics): A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

Deep Water Fitness (Aerobics): This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise.

Kiwanis Pool Water Aerobics Schedule
Register at Kiwanis Pool anytime, classes are on-going.

Class Title	Day	Time	Session I 3/1-5/22
Deep Water	M/W	6:40pm	
Water Fitness	*M/Th M/W T/Th Sa	8:50am 5:30pm 6:40pm 9am	*Starting May 10 the 8:50am class will meet at 8am.

PROGRAM CARD FEES-WATER FITNESS

4 workouts	\$16		Purchase cards at Kiwanis Front Desk
6 workouts	\$24		
8 workouts	\$32		

www.tempe.gov/brochure

Kiwanis Pool Evening Swim Lesson Schedule-480-350-5201			
Monday/Wednesday Classes			
Classes meet twice a week for four weeks.			
Fees for Swim Classes: \$44.			
Class	Time	Session I 3/22-4/14*	Session II 4/19-5/12
Parent Assisted Classes			
Star-Infant	5:35pm	20314	20315
Star-Tot	6:10pm	20327	20328
Shrimps	6:10pm	20319	20320
Preschool Sea Horse Swim School Ages 3-5yrs			
Sea Horse White	5pm	20286	20287
	5:35pm	20288	20289
	6:45pm	20290	20291
Sea Horse Red	5pm	20269	20270
	6:10pm	20271	20272
	6:45pm	20273	20274
Sea Horse Yellow	5pm	20301	20302
	5:35pm	20303	20304
Sea Horse Blue	6:10pm	20256	20257
Sea Horse Green	5:35pm	20264	20265
Preschool Stroke School Ages 3-5yrs			
Sea Horse Stroke School	6:10pm	20284	20285
Starfish Swim School Ages 6yrs+			
Starfish White/Red	5pm	20374	20375
Starfish Yellow	5:35pm	20380	20381
	6:45pm	20382	20383
Starfish Blue	5pm	20358	20359
	6:10pm	20360	20361
Starfish Green	6:45pm	20367	20368
Starfish Stroke School Ages 6yrs+			
Starfish Stroke White/Red	5pm	20342	20343
Starfish Stroke Yellow	5:35pm	20354	20355
Starfish Stroke Blue	6:45pm	20333	20334
Starfish Stroke Green	6:45pm	20338	20339
Adult Beg.	7:20pm	20252	20253
Adult Inter.	7:20pm	20248	20249
Adult Stroke Improvement	7:20pm	20250	20251
* No classes on Mar 31; make-up day Friday, April 9.			

Tuesday/Thursday Classes			
Classes meet twice a week for four weeks.			
Fees for Swim Classes: \$44.			
Class	Time	Session I 3/23-4/15	Session II 4/20-5/13
Parent Assisted Classes			
Star Babies	5:35pm	20311	20312
Star Infants	5pm	20316	20317
Star-Tot	6:10pm	20329	20330
Shrimps	5:35pm	20321	20322
Preschool Sea Horse Swim School Ages 3-5yrs			
Sea Horse White	5pm	20294	20295
	5:35pm	20296	20297
	6:45pm	20292	20293
Sea Horse Red	5pm	20277	20278
	5:35pm	20279	20280
	6:45pm	20275	20276
Sea Horse Yellow	6:10pm	20305	20306
Sea Horse Blue	6:10pm	20260	20261
Sea Horse Green	5pm	20266	20267
Starfish Swim School Ages 6yrs+			
Starfish White/Red	6:10pm	20377	20378
Starfish Yellow	6:10pm	20386	20387
Starfish Blue	5pm	20362	20363
Starfish Green	5pm	20371	20372
Starfish Stroke School Ages 6yrs+			
Starfish Stroke White/Red	5:35pm	20344	20345
	6:45pm	20346	20347
Starfish Stroke Yellow	5:35pm	20350	20351
Starfish Stroke Blue	6:45pm	20335	20336
Starfish Stroke Green	6:45pm	20340	20341
Adult Beginner	7:20pm	20254	20255

Saturday Classes		
Classes meet once a week for six weeks.		
Fees for Swim Classes: \$33		
Class	Time	Session I 3/27-5/1
Parent Assisted Classes		
Star Babies	9:35am	20313
Star Infants	9am	20318
Star-Tot	10:10am	20331
	10:45am	20332
Shrimps	9:35am	20323
	10:45am	20324
Preschool Sea Horse Swim School Ages 3-5yrs		
Sea Horses White	9am	20298
	10:10am	20299
	10:45am	20300
Sea Horses Red	9am	20281
	9:35am	20282
	10:45am	20283
Sea Horses Yellow	9:35am	20309
	10:10am	20310
Sea Horses Blue	10:10am	20262
	10:45am	20263
Sea Horses Green	9am	20268
Starfish Swim School Ages 6yrs+		
Starfish White/Red	9am	20376
	10:10am	20379
Starfish Yellow	9am	20384
Starfish Blue	9:35am	20385
	10:10am	20366
Starfish Green	10:10pm	20373
Starfish Stroke School Ages 6yrs+		
Starfish Stroke White/Red	9am	20348
	10:45am	20349
Starfish StrokeYellow	9:35am	20352
	10:45am	20353
Starfish Stroke Blue	9:35am	20337

Special Interest Aquatic Classes

American Red Cross Lifeguard Training-This is an American Red Cross certification course for individuals who are interested in life guarding. The course will include First Aid, CPR, as well as the lifeguard training. Must be 15 years of age and able to perform swimming skills necessary to complete the course requirements. Fee: \$110.

Class Dates: 1/16-1/30 **KRC**
19344 Th 1/21, 1/28 6-9:30pm
 F 1/22, 1/29 6-9:30pm
 Sa 1/16, 1/23, 1/30 9am-5pm

Class Dates: 2/27-3/13 **KRC**
19345 M 3/1, 3/8 6:30pm-9:30pm
 W 3/3, 3/10 6:30pm-9:30pm
 F 3/5, 3/12 6:30pm-9:30pm
 S 2/27, 3/6 9am-5pm

Class Dates: 3/15-3/19 **KRC**
19346 M-F 8am-5pm

Class Dates: 3/25-4/4 **KRC**
19347 T 3/23, 3/30
 Th 3/25, 4/1, 4/8 6-9:30pm
 F 3/26, 4/9 6-9:30pm
 Sa 3/27, 4/10 9am-5pm

American Red Cross Water Safety Instructor-This is an American Red Cross certification course for individuals wishing to become water safety instructors. Pre-requisites: 16 years of age or older, ability to perform skills appropriate for the class. Fee: \$110.

Class Dates: 2/17-3/1 **KRC**
19348 M/WF 6-9:30pm
 Sa 9am-5pm

Class Dates: 4/12-5/5
19349 M/W/F 7-10pm
 Sa 9am-5pm

Pool

3

3

Morning,

Evening &

Saturday Lessons

Available